

## Dr Lenny Da Costa

**MBBS, DGM, FCMT (USA), MCCP, MSASMS,  
FINEM**

Dr Lenny Da Costa is a Consultant Geriatrician, Preventive Cardiologist, an Anti-Aging & a functional medicine specialist. He did his basic MBBS from The Goa Medical College and completed his specialization in Geriatric Medicine from the M.S. Ramaiha Medical College, Bangalore. He has further undergone training in the practice of Anti-aging and Preventive Cardiology. He is certified by the International Board of Clinical Metal Toxicology USA as a FCMT.

Dr. Da Costa is a member of a number of Medical Organizations including the IMA, IMA CGP, Research Society for the Study of Diabetes in India, GPA Greater Mumbai ,the Geriatric Society of India, Indian Association of Fictional Medicine (IAFM) to name a few.

He is currently the

1. President of Society for Regenerative Aesthetic and Anti Aging medicine India – SRAAMI
2. President of the Indian Society for the Study of Metal Toxicology and Chelation Therapy
3. Faculty at Functional & Metabolic Academy India
4. Chairman, Southwest Integrative Medicine Forum, India

And has been the

1. Scientific Advisor to the World Academy of Anti Aging Medicine Asia – WAAAM.

## 2. Executive Council Member of European Council Aging Research and training - ECARE

During the course of his practice, Dr Da Costa has lectured in various conferences and teaching workshops on anti ageing therapies, the use of chelation, IV Nutritional regenerative therapies, metal toxicology, preventive cardiology, BHRT in Geriatric cases, IV therapies for Diabetics etc. He is a faculty member of the International Board of Clinical Metal Toxicology (IBCMT) and the Indian Society for the Study of Metal Toxicology and Chelation Therapy (ISSMTCT) and has been a member of the teaching faculty for a number National and International workshops for Doctors.

He currently has a number of online workshops available on various sub specialities in Functional Medicine

He has been a featured speaker at many International meets across the globe

Dr. Da Costa has over the last 20 years treated more than 28000 patients suffering from IHD, CAD, Diabetes Mellitus and other chronic degenerative disorders. Dr Da Costa currently visits affiliate clinics in Mumbai, Pune and New Delhi, while having his own clinics in Goa.

Registration :

GMC / 0779

DMC /104144

**OPD Timings: Tuesday & Thursday 12 pm to 5 pm**